

Approved

Meeting Minutes

State Consumer & Family Advisory Committee

September 13, 2012

Present : Sue Guy [Chair], Marc Jacques [Vice Chair], Marie Britt, Anna Cunningham, Mark Long, Carol Messina, Paul Russ, Pamela Chevalier, Christine Tolbert, Dennis Parnell, Cassandra Williams-Herbert, Samuel Hargrove, LaVern Oxendine, Kelli Moore Carson

Absent: Dave Bullins, Nancy Carey, Gladys Christian, J. Roy Moritz, Doug Wright, Kelly Stuart Woodall, Kurtis Taylor

Staff Present: Stuart Berde, Suzanne Thompson, Eric S. Fox, Stacey Harward, Wes Rider

Guests Present: Jim Jarrard, Barb Kunz

Welcome: Sue Guy, SCFAC Chair

- Meeting called to order at 9:05am
- July 12th minutes reviewed: amendments were requested, minutes approved with changes.
- Agenda was approved
- Marc Jacques announced that there was a contest for mental health jokes and shared the web site for anyone who wanted to submit a joke.
- Stuart Berde suggested that SCFAC may want to think about having a walk through the women's shelter run by Dennis Parnell
- Discussed the retreat that occurred on September 12th – SCFAC members stated that they really enjoyed having it.
- ELT Meeting assigned to members:
September 25th Kurtis Taylor
October 30th Marie Britt
November 27th Marc Jacques
December TBA LaVern Oxendine

Public Comment/ Issues :

- No Public comments given

Motions: Approved

- Sue Guy discussed the issue of Attendance and the By-laws. By laws were last updated in 2008 when State CFAC meetings were monthly. Currently, State CFAC meetings are every other month.
- 2 absences and the chair will contact to discuss why they missed and level of interest in continuing to serve on the committee.
- Changed the 4 absences to 3 absences – at 3 absences the chair will present to the SCFAC committee the decision to keep the member or let the member go and seek a replacement.
- Motion was made by Mark Long and seconded by Marc Jacques. There was no further discussion.
- The change was voted upon and unanimously approved.
- Mark Long brought up the topic of having the State CFAC show support for independent living skills by addressing the Blue Ribbon commission. Marc Jacques made a motion that the State CFAC write a letter in support of independent living skills to the Blue Ribbon commission no later

than October 10th. Jim Jarrard sits on the transition element subcommittee and Rosemary Weaver (past State CFAC Chair) sits on the housing subcommittee. The motion was seconded by Samuel Hargrove. The committee voted and unanimously passed the motion to take this action.

Jim Jarrard – Division update

Jim Jarrard discussed the status of the Division and how the Mercer Reviews of the upcoming LME-MCOs were progressing:

- Mercer is doing 120 day and 60 day reviews on prospective LME-MCOs prior to going live.
- 6 LME-MCOs are planning to go live January 1, 2013
- Sandhills Center is planning to go live Oct 1, 2012 –a call was placed to Victoria Whitt, CEO, to discuss whether she feels comfortable with that date or if they need to take a month or two to check and see that everything is in place and running correctly.
- LME's that have not gone live do have until July 2013.
- Jim Jarrard wanted to give credit to the LME-MCOs that have gone live and are doing well--- Smoky, EBCH, PBH, and Western Highlands -- Smoky is doing well with their testing and involving the provider network.
- Jim expressed to the SCFAC that if they are having any trouble with the LME-MCOs that they should start with them at the local level and if they are not able to address the situation then come to the state for assistance.
- DMH and DOJ signed an agreement concerning moving consumers from institutions into community settings. 100-300 individuals need to be moved out of more institutional settings in calendar year 2013 into more community like settings.
- This is not a court order and there is no court oversight. An identified and mutually agreed to "reviewer" will serve as a consultant in this process. This person comes from the Boston area.
- Program objective is to move individuals into scattered community sites such as apartments, not group homes.
- Consumers who qualify for this program can get the applications from their respective LME/MCOs.
- Mark Long stated that to come out of institutional living requires that the clients be taught Independent living skills.
- Jim Jarrard talked about how things have changed since he first started - they wanted to get consumers out of institutional settings and the only place that they could go were group homes.
- Jim stated that the clients who qualified would be receiving ACT team services. Skills training and supported employment will also be a major priority.
- LME-MCOs will lead in determining who will get the assessment for the ACT program – LME-MCOs will work in collaboration with DOJ Rep. to prioritize who needs to receive the assessments.
- Anna Cunningham asked as to when the assessment would take place for an individual. The response was that the Care Coordinator would include this at the time of plan writing. IMD displaced individuals will be a high priority.
- Jim Jarrard stated that this is an 8 year agreement with a total obligation of 3000 people.
- Kelli Carson commented that she is glad to see that Supported Employment is being promoted and that a solid ACT team is worth its weight in gold.
- It was stated that Peer Support is getting mentioned a great deal and that there is a desire to crank up the options to hire and plug in this service across the state.
- A new formula for IMD determination has been established. The old formula was # of individuals with mental health as primary divided by # of occupied beds. The new formula is # of individuals with mental health as primary divided by # of **licensed beds**.
- Endorsement is in limbo-land. The Legislation got rid of this requirement but not according to CMS which includes it in service definitions and in the SPA (State Plan Amendment). Must have the LME-MCOs do due diligence to have criteria to become a provider. This is the credentialing process.

- Kelli Carson asked as to whether this process can be standardized across the state. She commented that a provider should be able to copy it and send it out to other LME/MCOs. The response was that CAQH is a data clearinghouse and that only Eastpointe and PBH do not have CAQH at this time.
- Jim Jarrard announced that October 1, 2012 will be the start date for the CAP I/DD waiver. November 1, 2011 was the beginning point of the extension of the current CAP MR/DD waiver and CMS does not like to provide extensions beyond 1 year. There will need to be a transition from CAP MR/DD to CAP I/DD to the Innovations waiver all within a 3 month period of time.
- It was mentioned that PBH has increased their rate for Community Guide Services.
- Anna Cunningham commented that some people have actually lost CAP MR/DD slots. Jim Jarrard requested follow up information and data regarding this claim.

DWAC (Departmental Waiver Advisory Committee) updates:

- Marc Jacques who sits on this committee stated that good information comes across at these meetings. He stated that the group needs to establish their footing and develop a better understanding on how to advise. Currently the group serves as a radar and compass stating that particular areas need additional time and attention.
- It was stated that during public comment period that I/DD folks have a lot to say. Jim Jarrard added that public comment is just that, public comment. It does not require a response but is very useful in order to look at and determine trends. Marc Jacques and Carol Messina stated that there is a desire to respond and provide feedback. Carol Messina who also sits on the committee asked as to whether the group is being effective.
- The next two DWAC meetings will be September 19th and October 17th from 1 to 3pm at the McKimmon Center in Raleigh. These meetings are open to the public.
- Jim Jarrard made the comment that Mental Health is drawing increased attention and that continued advocacy efforts do make a difference.
- Marc Jacques commented that people need to show up to these meetings to make public comments.

Motion for action:

- Marc Jacques made a motion that the State CFAC writes a letter addressing the potential loss of services and potential loss of slots across the state. Paul Russ seconded the motion. There was no further discussion. The committee voted and unanimously approved this motion.

Barb Kunz Presentation Goal Setting

- See attachment for presentation
- Change is a constant
- Begin with the end in mind (what could be)
- Look at results and look at the value
- Goals need to be accepted by the group as a whole
- Keep it simple --- 2 or 3 areas to focus on
- Work on consensus
- Remember to celebrate!
- Write goals in the present tense

STATE CFAC Sub Committees report outs:

Services Task Team:

- Determine gaps based on data from providers. Look at and analyze capacity studies from all 11 LME-MCOs.
- Target crisis tracking and hospital diversion strategies. How do undocumented individuals fit into the system?

- How are operational LME/MCOs incentivizing rates? For which services?

DATAKOM Task Team:

- Anna Cunningham attended the Aug ELT meeting to network and encourage social Media.
- Goal to connect SCFAC members and to share CDW (Consumer Data Warehouse) & NCTOPPs links.
- NC State plan – current strategic state plan is effective 2010-2013.
- It has been approved – plan located on line and can be downloaded.

Budget / State Plan Task Team:

- How does the present budget impact or change the new system of LME /MCO funding impact services?
- Budget /State Plan Task Team will be requesting information from Jim Jarrard concerning LME/MCO Quality collaborative Information report.
- Marie Britt will follow up with request at October ELT meeting.
- By next meeting Task Team will have :
Connected to each other to continue work
- B3 services / how will these roll out at the LME/MCOs?
- Future meeting guest Task Team would like to invite Bill Scott to share State Budget Update and the new Team Leader of Planning to share State Plan.

Recovery /Self Determination Task Team

- Discussed the newness of this task team and starting from scratch.
- **Charter** : To understand the purpose of Recovery and Self Determination as it relates to our system of care and the following:
 - 1: Identify Best Practices for Peer and Recovery Services and Self Determination
 - 2: All areas of services provisions / detail how can providers use and implement recovery and peer support movement.
 - 3: All areas of peer employment.
 - 4: Strive to get recovery and self-determination based language into law/rule/ and policies.

State CFAC & Local CFAC interface Task Team:

- There was no report as there were no members of this team present at the meeting.
- Sue Guy addressed the State CFAC and stated that the next conference call would be October 17th from 7 to 8pm. Two topics were identified as topics for the upcoming call. (1) Peer support discussion (# of working people in catchment areas) and (2) request Rosemary Weaver to provide a 15 minute overview of her involvement and work on the Blue Ribbon committee with regards to housing.

Agenda for next meeting:

- Jim Jarrard's vision
- Emery Cowan – employment initiatives
- Bill Scott – budget updates
- Allison Crotty from PBH – Peer support successes. How is it working in their area?

Meeting was adjourned by Sue Guy at 2:41pm

Next State CFAC meeting is scheduled for Thursday, November 8th from 9am to 3pm.